

MAPLE CROSS NEWS

11TH JANUARY 2019

Follow us on Twitter for regular updates.
@MapleCrossJMI

LEARNING TALK – DEVELOPING LEADERSHIP

Welcome back to the new term. We hope everyone had a fantastic Christmas and wish you all the best for the New year ahead. What are your aspirations for 2019?

The spring term is a short but action packed term. The focus of the curriculum for all classes is art and RE. There is an incredible art enrichment week planned for the week beginning Monday 25th February with artists booked to come and work with the children as well as trips to art galleries and museums. We look forward to welcoming you all in to our art exhibition we will be putting on during April.

Our *learning to learn* focus for this term is leadership and developing the skills for pupils as well as opportunities for them to put these skills in practice.

SCHOOL SHOES

In line with our uniform policy pupils are to wear sensible black school shoes to school everyday. Trainers are not permitted to be worn. Please ensure your child wears school shoes everyday.

MENTAL HEALTH

As a school, we are developing our relationships education which will be statutory from September 2019. There is more information on page 3 in regards to mental health which forms a key aspect of this.

Please ask for support, we are here for the whole school community.

PLAYRANGERS

Due to over subscription, we have consulted with PlayRangers and again split the children into two groups by age

Group 1 – 16th Jan to 13th Feb

Group 2 – 27th Feb to 3rd Apr

You will receive a text confirming your child's group.

PE, SPORTS CLUBS AND PE KIT

PE

This term, Ms Amy Webb, a specialist sports coach, will be teaching alongside class teachers to broaden our PE curriculum, identify key sporting talent that can be nurtured and raise fitness levels for all.

Sports Club

Alongside Ms Webb working with classes we are also increasing the number of clubs on offer before school.

We are funding these through our sports grant and hope every pupil participates in at least one.

INSET – STEPS TRAINING

ON MONDAY, ALL STAFF TOOK PART IN A HIGHLY DEVELOPMENTAL TRAINING DAY. AS A SCHOOL WE ARE DEVELOPING OUR BEHAVIOR APPROACH USING STEPS. THERE WILL BE LOTS OF INFORMATION COMING IN THE NEXT FEW WEEKS INCLUDING A SPECIFIC STEPS LETTER.

LEARNING TALK – FAMILY DATES

Please join us to look through your children's books, informally catchup with teachers and discover how you can support learning at home.

SPORT COMPETITION WEDNESDAY 20TH MARCH

Following on from the success of our first competitive sports tournament in the Autumn Term we follow up cross country with a team sporting event. More details to follow shortly.

OPEN CLASSROOM THURSDAY 4TH APRIL 3.20 – 4.00

Visit the art gallery at Maple Cross. Come into school to see the school hall transformed into an art gallery.

Pupils will provide guided tours around their learning from the term.

EYFS PARENT CONSULTATIONS WEDNESDAY 27TH FEBRUARY 3.30 – 8.45

Join your child's class teacher to discuss your child's progress from their Autumn targets and where their learning needs to go next.

SCHOOL REPORTS

For all pupils in Key Stage 1 and 2 your child's report will come out on Friday 29th March.

These reports will give you an update following on from the Autumn's parents evening and we will share your child's next step targets.

Wellbeing Support for Parents

1 in 4 people will experience stress, anxiety or low mood at some stage

Every year we help over 19,000 people in Hertfordshire

Who are we?

The Wellbeing team is designed to help people like you manage everyday problems. We are part of the national initiative Improving Access to Psychological Therapies (IAPT). The NHS Wellbeing Team are offering free, confidential support to all parents.

Are you...

feeling stressed?

unable to sleep?

struggling with the pressures of being a parent?

worrying all the time?

fed up and tearful?

unable to cope with work?

Then you might benefit from free support offered by the **Wellbeing Team**.

This support is based on Cognitive Behaviour Therapy (CBT). CBT is highly effective at reducing symptoms of low mood, anxiety and other emotional problems.

If you are feeling anxious or stressed we aim to help you:

- Understand why you feel this way
- Explore with you, how the way you behave affects how you are feeling
- Agree what you want to improve and develop new ways of thinking and coping

Our help is offered in different ways to suit your needs including:

- Individual sessions
- Online programmes that you can access in your own time with telephone support
- Workshops and/or group work

How to get help:

You can make a self-referral by calling the Single Point of Access Team on **0300 777 0707**. Or find out more about what we do and make an on-line referral by visiting www.talkwellbeing.co.uk

We pride ourselves on seeing people quickly – and you will be contacted within a week of referral to book your first appointment.

